

My name: Tom

My life story, in a nutshell: I grew up in Manchester, and from a young age showed a flare for creativity and art. As a child I was very sociable, as well as very content playing on my own, and I daydreamed and doodled my way through most of school! As a teenager, I found a way to channel all this imagination through acting, and that led me all the way to training as a professional actor at one of the world's leading drama schools. Now, as a sometime actor, writer and artist I've never forgotten the profound impact the arts can have on a child, and believe it to be extremely important in everyone's development.

**My childcare experience:** Before leaving Manchester to study acting, I worked for three years as a tutor for a drama group aimed at 5-8 year olds, and it was here that I found I had an easy rapport with children, and a talent for inspiring imagination and creativity. I also feel that I personally gain a huge amount personally from working with children, as they remind me to let my playful side run wild, and it's this quality that means we often get on well!

**My skills:** As well as being a professional actor, I run a theatre company that has had success in the London fringe scene. I am a highly skilled guitarist, pianist and singer, and an avid sketcher and painter. I am also very sporty and athletic; as a teenager I had professional trials in cricket, played regular Sunday football and regularly won 1500 metre races for my school.

**Why I love working with kids:** When working as a drama tutor, I remember many examples where kids would join who were painfully shy and reserved. I always recognised something of myself in those kids, and prided myself on being able to bring them out of their shell by building their confidence. I think kids are at an age where anything is possible, and so by building their confidence in any skill or talent, who knows where it will take them!

## Activities I'd love to do with kids after school:

I'd love to do painting with the kids in a collaborative way, so that together we create something we can both be equally as proud of!

I know tons of games from teaching drama that awaken a child's imagination in a focused and specific way e.g. My version of grandma's footsteps that will create an Oscar winning actor of any child!

I also think meditation is an extremely important skill for children to develop from a young age, and can have profound effects on their mental wellbeing. I have devised small games to play that are rooted in meditation, so that it doesn't just become a boring sit down activity in the child's eyes.